

# Student Exposure to COVID-19

Have you had close contact with a person who tested positive for COVID-19?

**A close contact is someone who:**

- Lives in the same house or residence hall room as a sick person with COVID-19.
- Cares for a sick person with COVID-19.
- Has been within 6 feet of a sick person with COVID-19 for 15 minutes or longer.
- Has been in direct contact with secretions from a sick person with COVID-19.

**If you have had exposure:**

- Stay home for 14 days from the time of your exposure.  
**The time of your exposure is the last time you came in close contact with the positive individual.**
- Do not go to class or come to campus, avoid contact with others.
- Contact the Jason Price, if comfortable to do so, at [jprice@fpctx.edu](mailto:jprice@fpctx.edu) or 806-457-4287 to report your exposure.
- Watch for cough or trouble breathing.
- Review the COVID-19 daily responsibility list and follow the instructions based on symptoms.
- Do not take public transportation, taxis, or ride-shares.

**If you are quarantined:**

Frank Phillips College will work with you during your quarantine, providing a wide range of support services including:

- Logistical support for remote coursework.
- Meal and laundry options for any residence housing student during a quarantine.
- Information regarding mental and physical health resources.

**Make sure to keep open communications with your professors on your absence!**

**If you have not had exposure:**

**Continue to conduct daily health assessments and maintain good hygiene and prevention standards including washing hands, wearing a face cover, maintaining 6 feet of physical distance, cleaning and disinfecting common spaces before and after use.**