

OSHA Standard	What Basic Orientation Plus® does for the employer:	What the employer must do for the employee:
Hazard Communication (HAZCOM) 1910.1200	The program follows the OSHA Standard 1910.1200. This training is designed to provide an understanding of the Hazard Communication Standard (HAZCOM) and meets the general awareness regulations for training in this standard. The NFPA, HMIS, and GHS labels are discussed in detail. The need for container labeling as well as lead, asbestos and radiation is covered in this program. Note: The program includes an additional exercise on SDS and a teachable moment with a real-life scenario addressing hazard communication violations.	 (h)(1) Identify and inform of site specific hazards upon initial assignment and when new hazards are introduced (h)(2) Identify and inform of site-specific exposure source including labels and SDS (h)(2)(ii) Identify and inform of site specific chemicals in the workplace (h)(2)(iii) Identify and inform of location of SDS and labels at the job site (h)(3)(iii) Identify and inform of site-specific procedures for employee protection from exposure, work practice, emergency procedures and PPE
Personal Protective Equipment (PPE) 1910.132 through 1910.138 1926.20,21,28,65 Test Methods 1910.120	The program follows the OSHA Standard 1910.132 through 138. The program is designed to provide an understanding of Personal Protective Equipment (PPE) and meet the general awareness regulations for training in this standard. The program trains on the following PPE: - Eye and Face Protection - Head Protection - Hoot Protection - Hoot Protection - Body Protection, including FRCs Note: The program includes an additional exercise on the proper PPE for various tasks and additional Q & A discussions on controlling or eliminating hazards.	(d)(1)(2) Document hazard assessment (f)(3)(1) Inform and update training as changes in the work place occur (f)(3)(ii) Inform and update training as changes in the types of PPE occur



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Process Safety Management (PSM) 1910.119	The program follows the OSHA Standard 1910.119. The program is designed to provide an understanding of Process Safety Management (PSM) and meet the contractor's general awareness regulations for training in this standard. A discussion of PSM requirements for contractors is included in this program.	 (h)(2)(ii) & (iii) Identify and inform of the site specific hazards and emergency action plan (h)(3)(i) Evaluate individual for skills competency (h)(3)(ii) Identify and inform of site specific hazards and emergency action plan (i)(2)(iv) Identify and inform of site specific hazards and emergency action plan (j)(3) Identify and inform of site specific tasks and hazards (l)(3) Identify and inform of site specific processes and Management of Change (MOC)
Hearing Conservation	The program follows the OSHA Standard 1910.95 and is designed to provide an understanding of hearing conservation and meet the general awareness regulations for	Complete hazard assessment of work-site and post notices in required areas in any (k)(1) Identify and inform of site-specific exposure and required
1910.95	training in this standard. Training on the various level of noises encountered in the work environment is provided in this program.	protection (1)(1) Post copy of standard in work place (k)(3)(ii) Verify fit, care, use of PPE and appropriate selection (k)(3)(iii) Verify, provide and inform of annual audiometric testing and results
	Note: In addition to the curriculum, the program includes a hands-on demonstration by the instructor on how to properly apply earplugs and additional discussions on audiometric testing, types of sound levels, hearing loss and noise exposure, and standard threshold limit shift.	



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Electrical for Non-Qualified Persons 1910.331 through 1910.335	The program follows the OSHA Standard 1910.331 through 1910.335 and is designed to provide an understanding of electrical safety for non-qualified persons and meet the general awareness regulations for training in this standard. Voltage, current, resistance and interlocks are explained in detail.	 (A) Identify specific risks (B)(2) Specific training which is necessary but not specifically addressed by 1910.331-1910.335 (a) The employer shall be responsible for safe condition of tools. 301 (a) The employer shall not issue or permit the use of unsafe tools
	Note: In addition to the curriculum, the program provides an additional exercise to help the students determine types of energy and a teachable moment with a real-life scenario addressing electrical violations.	
Lockout Tagout 1910.147	This program contains lockout/tagout general awareness level training and safe work practices for portable power tools (1910.301, 1910.302 and 1910.147).	(a) The employer shall provide training to ensure the purpose and function of the energy control program are understood by employees
Respiratory Protection 1910.134	The program follows the OSHA Standard 1910.134 and is designed to provide an understanding of respiratory protection and meet the general awareness regulations for training in this standard. The training clearly shows the different types of respirators, the various color cartridges and their uses for air-purifying	(c) Develop and implement a written program (c)(1)(vii) Train employees in respiratory hazards specific to their Job tasking at the specific site (c)(1)(viii) Train employees in the proper use of respirators specific to their Job tasking at the specific site
	Note: In addition to the curriculum, the program includes an additional exercise on respirator selection and a teachable moment with a real-life scenario addressing respiratory violations.	



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Elevated Work 1926.503	The program follows the OSHA Standard related to working in elevated areas and is designed to provide an understanding of elevated working surfaces, fall protection, scaffolding and ladder safety and meet the general	(a)(2)(vii) Provide a fall protection plan
Fall Protection 1926.503	awareness regulations for training in these standards. Floor holes and openings, requirements for open-sided floors and safe work practices to avoid fall hazards are included in this training. Suspension trauma (orthostatic intolerance) is also discussed in this program.	(b)(1) – (b)(15) Identify job specific fall hazards (a)(1) Provide fall protection equipment
1926.501	This training meets the general awareness standard for scaffold user training when used with the electrical module and the general safety module.	(a)(b) and (c) Provide employee training specific to the requirements at the specific job site.
Scaffolding 1926.451 1926.452 1926.454	Note: In addition to the curriculum, the program includes an additional exercise on scaffolds and components of scaffolds and teachable moments with real-life scenarios addressing elevated work and scaffolding violations.	
Ladders 1910.25		(c)(1)-(3) Provide equipment for job specific requirements
1910.26		
1910.27		



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General Safety & Emergency Procedures	The program follows the OSHA Standard 1910.38 is designed to provide an understanding of a variety of topics that are critical to keeping the worker safe.	Training in any site specific details of the jobsite
1910.38 Accident	Some of the topics trained on in this section include: - Plant Security Issues - Designated Smoking Areas	
Prevention Signs And Tags 1910.145	 Horseplay Housekeeping Vehicles on Sites Qualified Persons Forklift Safety Work Permit Systems Signs, signals, barricades and tags Safe lifting Ergonomics 	
Handling and Storage	- Bloodborne Pathogens (BBP)	
Subpart N 1910.176	Note: In addition to the curriculum, the program includes additional exercises on what may be carried on the jobsite, classes of fire, and emergency action plans and additional discussions on weapons on the jobsite, qualified workers, qualified person, permits, reporting pain and accidents, elements of a fire, how to prevent fires, and what employees should know in an emergency. The program also includes a teachable moment with a real-life scenario addressing heavy equipment safety violations.	



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Job Safety Analysis (JSA) /	The program is designed to provide an understanding of the requirements and benefits of Job Safety Analysis (JSA) and Job Hazard Analysis (JHA).	Training in any site specific details of the jobsite
Job Hazard Analysis (JHA)	(,-	
	Note: In addition to the curriculum, the program includes an exercise on JSAs and additional discussions on eliminating hazards, zero accidents and elements to consider when conducting a JSA.	
Excavation,	The program follows the OSHA Standard 1926.650,	Training in any site specific details of the jobsite
Trenching and Shoring	1926.651 and 1926.652 and is designed to provide an understanding of excavation, trenching and shoring.	
1926.650, 1926.651 & 1926.652	The dangers of cave-ins, detailed requirements for protective systems and the hazards of water accumulation are discussed in this program.	
	Note: In addition to the curriculum, the program includes an additional discussions on excavation hazards and emergency information and a teachable moment with a real-life scenario addressing trenching and excavation violations.	



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Emergency Action Plans	The program is designed to provide an understanding of emergency action plans and how to properly follow them. Where to go in an emergency and determining the correct	(a)(5) Provide training for employees specific to the alarms, emergency action plan, escape routes, and accountability at the specific job site.
General Safety	direction to evacuate are discussed during this program.	J
& Emergency	10	
Procedures	(a)(5)(i)and(ii) Verifies the need for training Verifies the need for an emergency action plan	
1910.38	(a)(2)(i) Verifies the need for an escape procedure (a)(2)(iii) Verifies the need to account for employees "head	
1910.145	count" (a)(2)(v) The need to report emergencies	
	Note: In addition to the curriculum, the program includes an additional exercise on what to do in an emergency situation, with a focus on emergency evacuation routes in a plant facility, taking into consideration important factors, such as wind direction.	
Fire Prevention	The program follows the OSHA Standard 1910.39 and is designed to provide an understanding of fire prevention and	Training in any site specific details of the jobsite
1910.39	meet the general awareness regulations for training in this standard. Fire extinguishers and how to use them are discussed in detail in this program. Determining types of fires and when to fight a fire are also included.	
	Note: In addition to the curriculum, the program includes an additional exercise on the classes of fires and on elements needed for a fire to start and burn, prevention of fires.	