

# Frank Phillips College

## Mental Health Resources

### On Campus Contact Information:

Dr. Deborah Johnson  
Director of Counseling, Testing, and Career Services  
Frank Phillips College  
CLC 22  
Borger, TX 79007  
Hours: Monday through Thursday 8:00-5:00  
Friday 8:00-4:00  
Phone Number: 806-457-4200 x 777  
FAX: 806-457-4226

### Local Mental Health Authority

Texas Panhandle Centers Behavioral and Developmental Health  
412 N Main  
Borger, TX 79007  
Hours: Monday through Friday 8:00-5:00  
Phone Number: 806-274-2297

### National Suicide Prevention Lifeline

1-800-273-8255  
Available 24 hours every day

### ULifeline

Online resource center for college student mental health and emotional well being  
[www.ulifeline.org](http://www.ulifeline.org)  
Contact information:  
Text "Start" to 741-741  
Call 1-800-273-8255

### CareNet

Free support and counseling with accurate information about pregnancy, relationships, lifestyles, abortion, and parenting [www.borgercarenet.com](http://www.borgercarenet.com)  
300 W Grand Street  
Borger, TX 79007  
806-273-8373